

Please use this Route Through to learn more about what students are learning in lessons, and how they can extend their learning at home. Please contact the Head of Department or Director of Year for more information.

Subject	What are students learning in lessons?	What could students do to extend their learning and develop their character?
Autumn Term 1	My new school: learning different important people in the school in terms of safeguarding, understanding more about 'education with character', our school values and United nations charter on the rights of the child.	Demonstrate kindness and independence: help your peers to get to lessons effectively.
Autumn Term 2	Friendships and bullying: conflict resolution, consent, positive peer pressure, different types of bullying, reporting bullying, online safety, safeguarding awareness.	Be curious: learn more about our school anti-bullying policy on The Regis School website.
Spring Term 1	Puberty: changing bodies both physically and mentally, changes in hormones, feelings and emotions, taking care of our changing bodies, bodily autonomy.	Be curious: find out more about changing hormones during puberty using the NHS website.
Spring Term 2	Puberty: changing bodies both physically and mentally, changes in hormones, feelings and emotions, taking care of our changing bodies, bodily autonomy.	Be curious: find out more about changing hormones during puberty using the NHS website.
Summer Term 1	Risks: basic first aid, drugs and alcohol education, online safety, risks of exploitation and grooming.	Demonstrate independence: watch St John Ambulance first aid videos on You Tube.
Summer Term 2	Risks: basic first aid, drugs and alcohol education, online safety, risks of exploitation and grooming.	Demonstrate independence: research how you could get involved with St John Ambulance.
How should I plan my time?	Assessment	Home Learning
	Students think hard and answer lots of questions every lesson. Students practice and get feedback on their work. Exam: Students will not sit an exam.	No compulsory home learning.